



# SKYRIDGE HIGH SCHOOL PERCUSSION 2017

## 2017 EXERCISE PACKET

- ALL EXERCISES SHOULD BE PRACTICED WITH A METRONOME SLOW, FAST AND EVERYWHERE IN-BETWEEN. EACH EXERCISE HAS A TEMPO RANGE. IT IS EXPECTED THAT YOU CAN PLAY AT BOTH EXTREMES OF THE RANGE.
- ALL EXERCISES SHOULD BE PLAYED AT ALL DYNAMIC LEVELS
  - PP = PLAYED FROM SET POSITION (1 INCH)
  - P = 3 INCHES
  - MP = 6 INCHES
  - MF = 9 INCHES
  - F = 12 INCHES
  - FF = 15 INCHES
- IT WOULD BENEFIT YOU TO PRACTICE ALL EXERCISES BOTH RIGHT HAND LEAD AND LEFT HAND LEAD.
- TENORS AND BASSES MUST BE ABLE TO PLAY THE SNARE PART FOR ALL EXERCISES (TENORS ON DRUM 2).
- YOU MAY PREPARE BOTH THE DRUMLINE AND THE FRONT ENSEMBLE PORTION OF THE PACKET. HOWEVER, YOU WILL ONLY BE REQUIRED TO AUDITION FOR ONE OF THE SECTIONS. YOU MAY BE PLACED IN A DIFFERENT SECTION THAN WHERE YOU AUDITIONED.
- EVERY INSTRUMENT IS EQUAL IN THE PERCUSSION SECTION. WE ARE A TEAM - NO SECTION IS MORE OR LESS IMPORTANT THAN THE OTHER. YOU WILL BE PLACED WHERE BOTH YOU AND THE GROUP WILL BE THE MOST SUCCESSFUL.
- ANY EXERCISE WITH DIDDLES SHOULD ALSO BE PRACTICED WITH BUZZ ROLLS.
- IT IS BETTER TO PRACTICE FOR A SHORT AMOUNT OF TIME DAILY, THEN TO PRACTICE FOR HOURS EVERY ONCE AND A WHILE.
- MARK TIME TO EVERY EXERCISE, THOSE WITH METER CHANGES WILL BE DEFINED LATER.
- START EACH EXERCISE AT SET POSITION AND STICK OUT ON COUNT THREE. AT THE END OF EACH EXERCISE DO NOT CLOSE STICKS BUT REMAIN AT PLAYING POSITION WHILE CONTINUING TO MARK TIME. CLOSE STICKS TO SET POSITION ON THE LAST REPETITION.
- LAST BUT NOT LEAST, WORK HARD AND HAVE FUN!

### STAFF

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# SKYRIDGE HIGH SCHOOL PERCUSSION 2017

## DEFINITIONS/TERMINOLOGY

### 3 STROKE TYPES – EVERYTHING WE PLAY FALLS INTO THESE THREE CATEGORIES:

- FULL STROKE
  - STARTS UP, ENDS UP
  - THE TENNIS BALL
- DOWN STROKE
  - STARTS UP, ENDS DOWN
  - LOOK FOR THE QUIVER
  - DON'T SNAP THE STICK!!
- UP STROKE
  - STARTS DOWN, ENDS UP
  - DON'T LET THE STICK LIFT INTO THE FINGERS

### DYNAMICS/HEIGHTS:

- PP = PLAYED FROM SET POSITION (1 INCH)
- P = 3 INCHES
- MP = 6 INCHES
- MF = 9 INCHES
- F = 12 INCHES
- FF = 15 INCHES

### NOTATION CLARIFICATION

- STICKING
  - ALL STICKING LISTED IS REQUIRED AND WILL BE USED DURING FULL ENSEMBLE, HOWEVER, PRACTICE USING OTHER STICKING COMBINATIONS/LEAD HANDS.
  - \_\_\_\_\_ INDICATES TO CONTINUE THE HAND PREVIOUSLY LISTED
  - ETC. INDICATES TO CONTINUE THE PATTERN THAT WAS PREVIOUSLY LISTED
- RIM SHOTS ARE NOTATED WITH AN X NOTE HEAD (BASS DRUMS, X MEANS RIM CLICK)
- A DIAMOND NOTE HEAD INDICATES EITHER STICK OR RIM CLICKS (MUSIC WILL SPECIFY)
- ( ) AROUND NOTES INDICATES CROSS-OVERS FOR TENORS (MUSIC WILL SPECIFY WHICH HAND CROSSES OVER WHICH)
- A SLASH ON A NOTE MEANS TO DIDDLE, A Z MEANS TO BUZZ.

## 8 Stones

Michael Pollard

Bass

# Double Beat/Triple Beat

*Practice at all heights; triple beat can have a natural taper at full tempo*

Michael Pollard

$\text{♩} = 100-135$

2 3

4 5 6

etc. L R

7 8

L etc.

9 **A** 10 11

R L R R L R etc.

12 13 **B** 14 15 16 4 17

R L R R R L R

## Stick Control

Michael Pollard

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Bass

# Gallop

*Practice R and L hand lead*

♩ = 110-180

2

3



R L R L R L R L R L R L R L R L R L R etc.

4

5

6



R L R R L R R R L R R L etc.

R L R R R L R L R R R L

7

8

9



etc.

R L R L R L R L R L R L R L R L R



## Bass

# Full-Down-Tap-Up

*Practice cloned and hands separately in front of a mirror slow enough to ensure accuracy on each stroke*

Michael Pollard

The musical notation is divided into two staves. The first staff is in 4/4 time and contains four measures of music, each with a whole note. The notes are F, D, T, U in the first measure; F, D, T, U in the second measure; F, D, T, U in the third measure; and F, D, T, U in the fourth measure. Above the staff, the numbers 2, 3, and 4 are placed above the second, third, and fourth measures respectively. The second staff is in 4/4 time and contains five measures of music. The first four measures each contain four eighth notes: F, D, T, U. The fifth measure contains a single eighth note F followed by a quarter rest. The notes F, D, T, U are written below each eighth note in the first four measures, and F is written below the eighth note in the fifth measure.

2 3 4

5 6 7 8 9

F D T U F D T U F D T U F D T U F



## Bass

## Tap-Accent

*Accents lower as tempo increases; tenors practice with accents in and accents out (beg. - C)*

Michael Pollard

$\text{♩} = 130-160$

2 3 4

5 6 7 8

9 **A** 10 Mute with left 11 12 Normal

R R R R R R R R R R

13 **B** 14 15 16 17 Normal

R L R L

$\text{♩} = 160-185$   
Section Leader Only

18 19 20 **C** 21 22 Tutti 23

R R R R R R L R L R L R L

24 25 26 27 28

R L R L R L R R L R etc.

29 30 31

32 33 34

R

# Bass

## Irish Rock

*Accents lower as tempo increases*

Michael Pollard

$\text{♩} = 90-100$

Measures 1-4:  $\text{♩} = 90-100$

Measures 5-10:  $\text{♩} = 90-100$

Measures 11-14:  $\text{♩} = 90-100$

Measures 15-17:  $\text{♩} = 90-100$

Rhythmic patterns: R R R L R R R R L R R L R etc.

# Bass

## Gear Changes

*Using alternate sticking, practice R and L hand lead*

*1. Accent each downbeat 2. No accents*

Michael Pollard

♩ = 70-90

2

3

4

5



6

7



8

9



10

11



Bass

# Mixed Gear Changes

*Using alternate sticking, practice R and L hand lead*  
1. No accents 2. Rolls with no accents 3. Accents 4. Rolls with accents

Michael Pollard

♩ = 70-100

2

3



(Yes, diddle the quarter notes)

4

5

6



7

8

9



PJs

Michael Pollard

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## Flam Accent Study

Michael Pollard

 $\text{♩} = 50-80$ 

4/4

1 2 3

4 5 6

7 8 9

R 3 3 3 3 3 3 3 3 R R R L R R L

R L R L R L R R L R L 3 3 3 3 3 3 3 3

R R R L R R L R L R L R R L R R

Detailed description: This musical score is for a bass line in 4/4 time, titled 'Flam Accent Study' by Michael Pollard. The tempo is marked as a quarter note equals 50-80 beats per minute. The score is divided into three systems, each containing two staves. The first system (measures 1-3) features a continuous eighth-note pattern with triplets and accents, followed by a triplet of eighth notes and a triplet of quarter notes. The second system (measures 4-6) continues the eighth-note pattern with triplets and accents, followed by a triplet of eighth notes and a triplet of quarter notes. The third system (measures 7-9) features a triplet of eighth notes, a triplet of quarter notes, and a triplet of eighth notes with accents. The notation includes various musical symbols such as eighth notes, quarter notes, triplets, accents, and rests. The rhythm is indicated by the 4/4 time signature and the tempo marking.

## Bass

## 4-2-1 Duple/Triple Grid

*Alternate sticking, practice R and L hand lead*  
*Add flams, diddles, cheese, etc. etc. etc. to the accents*

2

3 4 5

6 7 8 9

10 11 12

13 14 15

16 17 18 19 20 21

22 23 24

25 26 27

The exercise consists of 27 measures of bass drum notation. Measures 1-5 are in 4/4 time, with a '2' above measure 2. Measures 6-9 are in 2/4 time, with '3', '4', and '5' above measures 6, 7, and 8 respectively. Measures 10-12 are in 4/4 time, with '6', '7', '8', and '9' above measures 10, 11, 12, and 13 respectively. Measures 13-15 are in 4/4 time, with '10', '11', and '12' above measures 13, 14, and 15 respectively. Measures 16-21 are in 2/4 time, with '13', '14', '15', '16', '17', '18', '19', '20', and '21' above measures 16, 17, 18, 19, 20, 21, 22, 23, and 24 respectively. Measures 22-24 are in 3/4 time, with '22', '23', and '24' above measures 22, 23, and 24 respectively. Measures 25-27 are in 4/4 time, with '25', '26', and '27' above measures 25, 26, and 27 respectively. The notation includes various rhythmic patterns, including triplets and accents, and is designed for alternate sticking practice.

## Appendix Exercises

16th/Triplet Diddles & 16th/Triplet Roll (*Bill Bachman Rudimental Logic p.100*)

2



R L R L etc.

R R L L etc.

3

4



R L R L R L R L R R L L R R L R L R L R L R L L R R L L

5

6

7



R L R L R R L L R L R L L R R L R L R L R L L R R

8

9

10



R L R L etc.

11

12

13

14

Triplet/16th Diddles & Triplet/16th Roll (*Bill Bachman Rudimental Logic p.100*)

15

16



R L R L R L etc.

17

R R L L etc.

18



R L R L R L R R L L R R L L etc.

19

20

21



R L R L L R R L R L R R L L etc.

22

23

24

R



R L R etc.

25

26

27

28



R L L R R L L R R L L R R L L R R



29 30  
Diddle Exercises - Pollard

29 Diddle Exercises - Pollard 30 31 32

Measure 29: Bass clef, key signature of one flat (B-flat). Notes: B-flat (quarter), B-flat (quarter), B-flat (quarter), B-flat (quarter).  
Measure 30: Bass clef, key signature of one flat. Notes: R (quarter), L (quarter), L (quarter), R (quarter), R (quarter), L (quarter), L (quarter), R (quarter), R (quarter), R (quarter).  
Measure 31: Bass clef, key signature of one flat. Notes: B-flat (quarter), B-flat (quarter), B-flat (quarter), B-flat (quarter).  
Measure 32: Bass clef, key signature of one flat. Notes: L (quarter), R (quarter), R (quarter), L (quarter), L (quarter), R (quarter), R (quarter), L (quarter), L (quarter).

33 34 35 36

33 34 35 36

B R R L L R R L L R R B L L R R L L R R L L

37 38 39

L L R R L L R R L L R R L L R R L

40 41 42

L R R L L R R L L L R

[illegible]

Musical notation for measures 46-48. Measure 46 contains two eighth notes followed by a quarter note. Measures 47 and 48 contain sixteenth-note patterns. Below measure 47 are the letters L L R R L L R R L L R R L L R R. Below measure 48 are the letters L L R R L L R R L L.

49 50

R

51 52 53

Measures 51-53 of the musical score for 'The Rose Tree'. Measure 51 contains a C major triad (C4, E4, G4) in the right hand and a C major triad (C3, E3, G3) in the left hand. Measure 52 contains a C major triad (C4, E4, G4) in the right hand and a C major triad (C3, E3, G3) in the left hand. Measure 53 contains a C major triad (C4, E4, G4) in the right hand and a C major triad (C3, E3, G3) in the left hand.

R R L L R R L L R R L L R R L L R R L L R R R R

54 55

R R L L R R L L R R L L R R L R L L R R L L R R L L R R L L R L

56

Musical notation for measure 56. The staff begins with a treble clef and a key signature of one sharp (F#). The melody consists of eighth notes: F#4, G4, A4, B4, C5, D5, E5, F#5, G5, A5, B5, C6, D6, E6, F#6, G6, A6, B6, C7, D7, E7, F#7, G7, A7, B7, C8, D8, E8, F#8, G8, A8, B8, C9, D9, E9, F#9, G9, A9, B9, C10, D10, E10, F#10, G10, A10, B10, C11, D11, E11, F#11, G11, A11, B11, C12, D12, E12, F#12, G12, A12, B12, C13, D13, E13, F#13, G13, A13, B13, C14, D14, E14, F#14, G14, A14, B14, C15, D15, E15, F#15, G15, A15, B15, C16, D16, E16, F#16, G16, A16, B16, C17, D17, E17, F#17, G17, A17, B17, C18, D18, E18, F#18, G18, A18, B18, C19, D19, E19, F#19, G19, A19, B19, C20, D20, E20, F#20, G20, A20, B20, C21, D21, E21, F#21, G21, A21, B21, C22, D22, E22, F#22, G22, A22, B22, C23, D23, E23, F#23, G23, A23, B23, C24, D24, E24, F#24, G24, A24, B24, C25, D25, E25, F#25, G25, A25, B25, C26, D26, E26, F#26, G26, A26, B26, C27, D27, E27, F#27, G27, A27, B27, C28, D28, E28, F#28, G28, A28, B28, C29, D29, E29, F#29, G29, A29, B29, C30, D30, E30, F#30, G30, A30, B30, C31, D31, E31, F#31, G31, A31, B31, C32, D32, E32, F#32, G32, A32, B32, C33, D33, E33, F#33, G33, A33, B33, C34, D34, E34, F#34, G34, A34, B34, C35, D35, E35, F#35, G35, A35, B35, C36, D36, E36, F#36, G36, A36, B36, C37, D37, E37, F#37, G37, A37, B37, C38, D38, E38, F#38, G38, A38, B38, C39, D39, E39, F#39, G39, A39, B39, C40, D40, E40, F#40, G40, A40, B40, C41, D41, E41, F#41, G41, A41, B41, C42, D42, E42, F#42, G42, A42, B42, C43, D43, E43, F#43, G43, A43, B43, C44, D44, E44, F#44, G44, A44, B44, C45, D45, E45, F#45, G45, A45, B45, C46, D46, E46, F#46, G46, A46, B46, C47, D47, E47, F#47, G47, A47, B47, C48, D48, E48, F#48, G48, A48, B48, C49, D49, E49, F#49, G49, A49, B49, C50, D50, E50, F#50, G50, A50, B50, C51, D51, E51, F#51, G51, A51, B51, C52, D52, E52, F#52, G52, A52, B52, C53, D53, E53, F#53, G53, A53, B53, C54, D54, E54, F#54, G54, A54, B54, C55, D55, E55, F#55, G55, A55, B55, C56, D56, E56, F#56, G56, A56, B56, C57, D57, E57, F#57, G57, A57, B57, C58, D58, E58, F#58, G58, A58, B58, C59, D59, E59, F#59, G59, A59, B59, C60, D60, E60, F#60, G60, A60, B60, C61, D61, E61, F#61, G61, A61, B61, C62, D62, E62, F#62, G62, A62, B62, C63, D63, E63, F#63, G63, A63, B63, C64, D64, E64, F#64, G64, A64, B64, C65, D65, E65, F#65, G65, A65, B65, C66, D66, E66, F#66, G66, A66, B66, C67, D67, E67, F#67, G67, A67, B67, C68, D68, E68, F#68, G68, A68, B68, C69, D69, E69, F#69, G69, A69, B69, C70, D70, E70, F#70, G70, A70, B70, C71, D71, E71, F#71, G71, A71, B71, C72, D72, E72, F#72, G72, A72, B72, C73, D73, E73, F#73, G73, A73, B73, C74, D74, E74, F#74, G74, A74, B74, C75, D75, E75, F#75, G75, A75, B75, C76, D76, E76, F#76, G76, A76, B76, C77, D77, E77, F#77, G77, A77, B77, C78, D78, E78, F#78, G78, A78, B78, C79, D79, E79, F#79, G79, A79, B79, C80, D80, E80, F#80, G80, A80, B80, C81, D81, E81, F#81, G81, A81, B81, C82, D82, E82, F#82, G82, A82, B82, C83, D83, E83, F#83, G83, A83, B83, C84, D84, E84, F#84, G84, A84, B84, C85, D85, E85, F#85, G85, A85, B85, C86, D86, E86, F#86, G86, A86, B86, C87, D87, E87, F#87, G87, A87, B87, C88, D88, E88, F#88, G88, A88, B88, C89, D89, E89, F#89, G89, A89, B89, C90, D90, E90, F#90, G90, A90, B90, C91, D91, E91, F#91, G91, A91, B91, C92, D92, E92, F#92, G92, A92, B92, C93, D93, E93, F#93, G93, A93, B93, C94, D94, E94, F#94, G94, A94, B94, C95, D95, E95, F#95, G95, A95, B95, C96, D96, E96, F#96, G96, A96, B96, C97, D97, E97, F#97, G97, A97, B97, C98, D98, E98, F#98, G98, A98, B98, C99, D99, E99, F#99, G99, A99, B99, C100, D100, E100, F#100, G100, A100, B100, C101, D101, E101, F#101, G101, A101, B101, C102, D102, E102, F#102, G102, A102, B102, C103, D103, E103, F#103, G103, A103, B103, C104, D104, E104, F#104, G104, A104, B104, C105, D105, E105, F#105, G105, A105, B105, C106, D106, E106, F#106, G106, A106, B106, C107, D107, E107, F#107, G107, A107, B107, C108, D108, E108, F#108, G108, A108, B108, C109, D109, E109, F#109, G109, A109, B109, C110, D110, E110, F#110, G110, A110, B110, C111, D111, E111, F#111, G111, A111, B111, C112, D112, E112, F#112, G112, A112, B112, C113, D113, E113, F#113, G113, A113, B113, C114, D114, E114, F#114, G114, A114, B114, C115, D115, E115, F#115, G115, A115, B115, C116, D116, E116, F#116, G116, A116, B116, C117, D117, E117, F#117, G117, A117, B117, C118, D118, E118, F#118, G118, A118, B118, C119, D119, E119, F#119, G119, A119, B119, C120, D120, E120, F#120, G120, A120, B120, C121, D121, E121, F#121, G121, A121, B121, C122, D122, E122, F#122, G122, A122, B122, C123, D123, E123, F#123, G123, A123, B123, C124, D124, E124, F#124, G124, A124, B124, C125, D125, E125, F#125, G125, A125, B125, C126, D126, E126, F#126, G126, A126, B126, C127, D127, E127, F#127, G127, A127, B127, C128, D128, E128, F#128, G128, A128, B128, C129, D129, E129, F#129, G129, A129, B129, C130, D130, E130, F#130, G130, A130, B130, C131, D131, E131, F#131, G131, A131, B131, C132, D132, E132, F#132, G132, A132, B132, C133, D133, E133, F#133, G133, A133, B133, C134, D134, E134, F#134, G134, A134, B134, C135, D135, E135, F#135, G135, A135, B135, C136, D136

57 R R L L R R L L R R L L<sub>58</sub> R L R L R

L L R R L L R R L L R R L R L R L R

# PERCUSSIVE ARTS SOCIETY INTERNATIONAL DRUM RUDIMENTS

All rudiments should be practiced: open (slow) to close (fast) to open (slow) and/or at an even moderate march tempo.

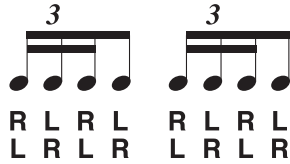
## I. ROLL RUDIMENTS

### A. Single Stroke Roll Rudiments

1. Single Stroke Roll \*



2. Single Stroke Four



3. Single Stroke Seven



### B. Multiple Bounce Roll Rudiments

4. Multiple Bounce Roll



5. Triple Stroke Roll

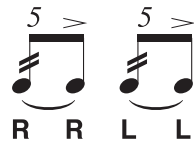


### C. Double Stroke Open Roll Rudiments

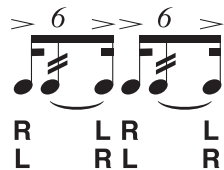
6. Double Stroke Open Roll \*



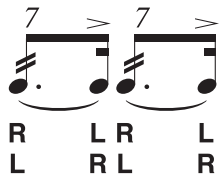
7. Five Stroke Roll \*



8. Six Stroke Roll

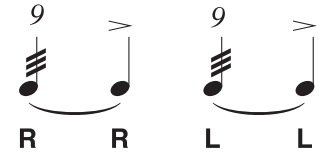


9. Seven Stroke Roll \*

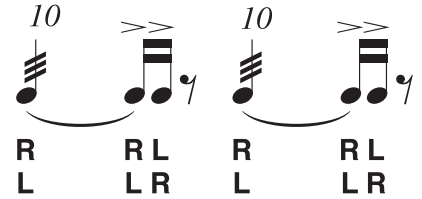


\* These rudiments are also included in the original Standard 26 American Drum Rudiments.

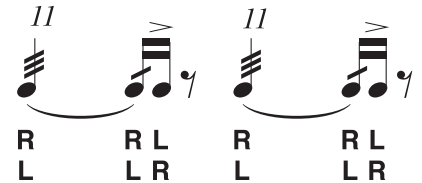
10. Nine Stroke Roll \*



11. Ten Stroke Roll \*



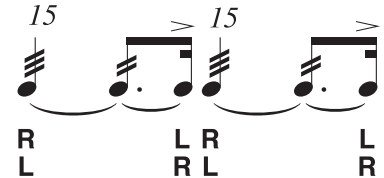
12. Eleven Stroke Roll \*



13. Thirteen Stroke Roll \*



14. Fifteen Stroke Roll \*



15. Seventeen Stroke Roll



## II. DIDDLE RUDIMENTS

16. Single Paradiddle \*



17. Double Paradiddle \*



18. Triple Paradiddle



19. Single Paradiddle-diddle



### III. FLAM RUDIMENTS

20. Flam \*



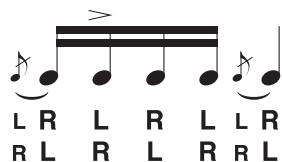
21. Flam Accent \*



22. Flam Tap \*



23. Flamacue \*



24. Flam Paradiddle \*



25. Single Flammed Mill



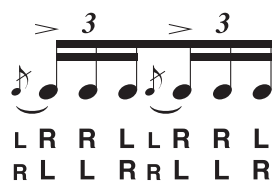
26. Flam Paradiddle-diddle \*



27. Pataflafla



28. Swiss Army Triplet



29. Inverted Flam Tap



30. Flam Drag



### IV. DRAG RUDIMENTS

31. Drag \*



32. Single Drag Tap \*



33. Double Drag Tap \*



34. Lesson 25 \*



35. Single Dragadiddle



36. Drag Paradiddle #1 \*



37. Drag Paradiddle #2 \*



38. Single Ratamacue \*



39. Double Ratamacue \*



40. Triple Ratamacue \*



# OUR RECOMMENDED 4 TIER RUDIMENTAL LEARNING SEQUENCE

In order to facilitate learning the rudiments in a systematic way, Dr. Wooton suggests that you approach them in this sequence (rather than how they are listed on various rudiment charts or posters). This “tier system” approaches the most fundamental rudiments first, providing you with a base on which to build. Each successive tier adds on the basic skills learned in the previous tier.

## TIER ONE

Single Stroke Roll

Multiple Bounce  
Roll

Double Stroke  
Open Roll

Single Paradiddle

Flam

Drag

## TIER TWO

Single Stroke Four

Single Stroke  
Seven

Double Paradiddle

Triple Paradiddle

Paradiddle-Diddle

Five Stroke Roll

Nine Stroke Roll

Seven Stroke Roll

Flam Tap

Flam Accent

Lesson 25

Single Drag Tap

## TIER THREE

Thirteen Stroke Roll

Fifteen Stroke Roll

Seventeen Stroke  
Roll

Six Stroke Roll

Ten Stroke Roll

Eleven Stroke Roll

Single Dragadiddle

Drag Paradiddle #1

Drag Paradiddle #2

Flammed Mill

Swiss Army Triplet

Flamacue

## TIER FOUR

Triple Stroke Roll

Flam Paradiddle

Pataflafla

Double Drag Tap

Flam Paradiddle-  
Diddle

Single Ratamacue

Double Ratamacue

Triple Ratamacue

Inverted Flam Tap

Flam Drag